

Patient Label

MEMORY Read list of words. Patient must repeat them. Do 2 trials even if 1 st is successful. Scoring: No points		Word 1	Word 2	Word 3	Word 4	Word 5	No Points
	1 st Trial						
	2 nd Trial						

_____ FOLD PAPER HERE _____

CLOCK DRAWING

_____ FOLD PAPER HERE _____

CLOCK	Draw a clock. Draw a circle and put in all of the numbers. Set the time to 10 past 11. Scoring: 1 point for circle, 1 point for correct numbers, 1 point for correct time	_ / 3
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FLUENCY	Name maximum number of animals in one minute (or until 12 different named). Scoring: 2 points if 12 different animals named, 0 if 0 to 11 named	_ / 2
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DELAYED RECALL Must recall words without cue or help Word Set Used 1 [] 2 [] 3 []	Word 1	Word 2	Word 3	Word 4	Word 5	_ / 5
	[]	[]	[]	[]	[]	

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- | | |
|--|---|
| 1. _____
2. _____
3. _____
4. _____
5. _____
6. _____ | 7. _____
8. _____
9. _____
10. _____
11. _____
12. _____ |
|--|---|

TOTAL SCORE _____ / **10**

*a score of 7 or below is considered abnormal

VIRGINIA MASON COGNITIVE SCREEN (VMCS) ©
Administration and Scoring Instructions

Memory: Read the list of 5 words at a rate of one per second, giving the following instructions:
see below for selection and handling of words

“This is a memory test. I am going to read a list of words that you will have to remember now and later on. Listen carefully. When I am through, tell me as many words as you can remember. It doesn’t matter in what order you say them.”

“I am going to read the same list for a second time. Try to remember and tell me as many words as you can, including words you said the first time.”

At the end say, *“I will ask you to recall those words again at the end of the test.”*

Each year the word sets should change;

record on the paper form to be scanned which word set was used (until adhoc recording is available in EPIC), after completion of the test

Before administering the 5 words for repetition/recall, look at the word set used last (year)

Word set 1: apple table penny carpet watch

Word set 2: butter arm corner letter queen

Word set 3: ticket grass bicycle pen tower

Visuoconstructional Skills (Clock):

“Draw a clock. Draw a circle and put in all of the numbers. Set the time to 10 past 11.”

Verbal fluency:

“Tell me as many animals as you can think of.” Time for 60 sec or until 12 different animals. Check the boxes on the form as the patient repeats the words.

Delayed recall:

“I read some words to you earlier, which I asked you to remember. Tell me as many of those words as you can remember.”

TOTAL SCORE: Sum all sub-scores listed on the right-hand side, for a possible maximum of 10 points.

A final total score of 7 or below is considered abnormal.

SCRIPTING:

For Annual Wellness Visits:

“Cognitive screening is an important part of your annual wellness visit. This screening takes only a few minutes, but gives us good information about your risk for dementia. We strongly encourage our patients to do this screening annually, because if we are able to identify problems early we can intervene.”

For Pre-operative Consults:

“Cognitive screening is an important part of your preoperative visit. This screening takes only a few minutes, but gives us information about your risk for dementia. We also know that if we identify any problems, we may be able to lower your risk for getting a condition called “delirium” during your hospital stay. We will make sure to have Dr. _____ discuss this today as part of your visit.”