


# Radiology Bowel Prep

Name: \_\_\_\_\_ Appointment date: \_\_\_\_\_ Check In Time: \_\_\_\_\_

2 - 4 Days Before Radiology Procedure	1 Day Before Radiology Procedure	Day of Radiology Procedure
<p>Purchasing the following items at any pharmacy</p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> <b>One bottle Magnesium Citrate</b> <i>(300 cc, 17.45 grams)</i></li> <li><input checked="" type="checkbox"/> <b>One Bisacodyl Suppository</b></li> <li><input checked="" type="checkbox"/> <b>Four (4) Bisacodyl Enteric Coated Tablets</b> <i>(5mg)</i></li> </ul>	<p><input checked="" type="checkbox"/> You may take all prescription medications.</p> <p><b>NO SOLID FOOD</b></p> <p><b>What can you eat?</b> Clear liquids: water, clear soup (broth, boullion), Gatorade, strained fruit juices without pulp, black coffee or tea, fruit-flavored drinks, flavored gelatin, popsicles.</p> <p><b>BREAKFAST</b> Clear liquids</p> <p><b>LUNCH (12:00 PM)</b> Clear liquids</p> <ul style="list-style-type: none"> <li><b>1:00 PM</b> Drink one full 8 ounces of water</li> <li><b>2:00 PM</b> Drink one full 8 ounces of water</li> <li><b>3:00 PM</b> Drink one full 8 ounces of water</li> <li><b>4:00 PM</b> Drink one full 8 ounces of water</li> </ul> <p><b>DINNER (5:00 PM)</b> Clear liquids</p> <ul style="list-style-type: none"> <li><b>5:30 PM</b> One Bottle <b>Magnesium Citrate</b> Mix as directed and drink entire content.</li> <li><b>6:00 PM</b> Drink one full 8 ounces of water</li> <li><b>7:00 PM</b> Drink one full 8 ounces of water</li> <li><b>7:30:PM</b> Take 4 <b>Bisacodyl Tablets</b></li> <li><b>8:00 PM</b> Drink one full 8 ounces of water</li> <li><b>9:00 PM</b> Drink one full 8 ounces of water</li> </ul> <p><b>DO NOT EAT AFTER 9:15PM</b></p>	<p> <b>DO NOT EAT OR DRINK</b></p> <p><b>2 Hours Before Procedure</b></p> <p>Insert <b>Bisacodyl Suppository</b> as directed. Retain suppository for at least 15 minutes, if possible, before evacuating.</p> <p><input checked="" type="checkbox"/> <b>Women:</b> Always inform your doctor or Technologist if there is any possibility that you are pregnant.</p> <p><input checked="" type="checkbox"/> After the Procedure, you can resume your normal daily activities.</p> <p>* It is very important to complete all parts of the prep according to the schedule for the best quality exam. If you have trouble completing any of the steps, please call in advance of your exam to determine whether to proceed</p> <p><b>If you have questions, please call Radiology Department</b> (206) 223-6901 (Seattle) (253) 874-1620 (Federal Way)</p>