

Name: _____

Appointment Date: _____

Check In Time: _____

Location: _____

Instructions for Pre Medication with Benadryl & Prednisone

CT Scan (Computed Tomography Scanning) uses a thin X-ray beam to produce images of the body that are thin slices. These slices provide high resolution images of both bone and soft tissues. Depending on the type of scan your physician has requested, you may be given a thin barium solution to drink and/or an injection of IV contrast or X-ray dye as part of your exam.

Patients with risk factors such as asthma or a previous allergic response to IV contrast are more likely to experience an allergic type reaction. Your physician has recommended that you take a combination of Prednisone and Benadryl® before your exam. This will reduce the chance of experiencing an allergic response.

If you have any questions regarding your exam, please feel free to call us at any of the following locations.

Bellevue 206-341-1030

Kirkland 425-814-5114















Seattle 206-223-6901

Issaquah 425-557-8013

Winslow 206-625-7373 ext 67121

Federal Way 253-874-1760

Lynnwood 425-712-7977 ext 27848

At least 1 Day prior to your exam	On the day of your exam	After your exam
<p> Complete the blood test (serum creatinine) if ordered by your physician</p> <p> Fill the pre-medication prescription (3 doses of 50 mg Prednisone and 1 dose of 50 mg Benadryl®) at the drugstore of your choice</p> <p> LMP must be within 14 days of exam or you may require a Pregnancy Test</p>	<p> 8:00 a.m. take 3rd dose of 50mg Prednisone</p> <p> 1 hour before your exam time, take 50 mg Benadryl ®</p> <p> Eat and drink unless you have another test that has dietary restrictions</p> <p> You should wear comfortable, loose-fitting clothing for your CT exam. Metal objects can affect the image so avoid clothing with zippers and snaps.</p> <p> You may be asked to remove hairpins, jewelry, eyeglasses, hearing aids, and any removeable dental work depending on the part of the body that is being scanned.</p> <p> You may be asked to drink a thin barium when you arrive in the radiology department</p>	<p> Drink at least 1 liter (4 cups) of water during the course of the day.</p> <p></p> <p> You may eat and drink without restrictions.</p>
<p>The day before your exam</p>		
<p> 4:00 p.m. take 1st dose of 50 mg Prednisone</p> <p> 10:00 p.m. take 2nd dose of 50 mg Prednisone</p>		