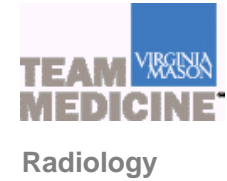


# Nuclear Medicine Thyroid Scan with Withdrawal:
















Name: \_\_\_\_\_ Iodine Dosing Date: \_\_\_\_\_

Check In Time: \_\_\_\_\_

Imaging Date: \_\_\_\_\_

Check In Time: \_\_\_\_\_

If you take medications for diabetes, call your physician or Nuclear Medicine at (206) 223-6951 for special fasting guidelines. Otherwise, please follow instructions below.

6 Weeks Before Iodine Dose	4 Weeks Before Iodine Dose	2 Weeks Before Iodine Dose	7 Days Before Iodine Dose	Day of Radioactive Iodine Dose
<p> Immediately notify your physician if you had an exam with IV contrast (e.g. CT scan)</p> <p> Immediately notify your physician you are scheduled for a thyroid scan if another radiology exam is planned</p> <p> If you are breast-feeding, immediately tell your physician</p>	<p> Discontinue your thyroxine: *T-4 * Levothyroxine (Eltroxin, Euthyrox, Levo-T, Levotabs, Levothroid, Levoxyl, Synthroid)</p> <p> Initiate tri-iodothyronine: *T-3 * Liothyronine (Cytomel)</p>	<p> Stop your tri-iodothyronine *T-3 * Liothyronine (Cytomel)</p>	<p> Your physician will instruct you to follow a "Low Iodine" diet. Contact your physician if instructions were not provided</p> <p> Your physician will order various blood tests. Contact your physician if instructions were not provided</p> <p> If you are breast-feeding, please call Nuclear Medicine at (206) 223-6951 for additional instructions</p>	<p> <b>DO NOT</b> eat 2 hours before your appointment</p> <p> <b>DO</b> drink sips of cold water</p> <p> Female patients of childbearing age will require a negative pregnancy test before the iodine capsule is administered</p> <p> You may eat and drink 60 minutes after swallowing the Radioactive Iodine dose</p>