

Nuclear Medicine Thyroid Scan with Thyrogen:



Name: _____ Date of Iodine Dose: _____

Check In Time: _____

Date of Scan: _____

Check In Time: _____

Radiology

If you take medications for diabetes, call your physician or Nuclear Medicine at (206) 223-6951 for special fasting guidelines. Otherwise, please follow instructions below.

| 7 Days Before Radioactive Iodine Dose | 2 Days Before Radioactive Iodine Dose | 1 Day Before Radioactive Iodine Dose | Day of Radioactive Iodine Dose | Day of Whole Body Scan |
|--|---|---|--|---|
| <p> Your physician will instruct you to follow a "Low Iodine" diet. Contact your physician if instructions were not provided</p> <p> Take your thyroxine: *T-4 * Levothyroxine (Eltroxin, Euthyrox, Levo-T, Levotabs, Levotheroid, Levoxyl, Synthroid)</p> <p> Immediately notify your physician if you had an exam with IV contrast (e.g. CT scan)</p> <p> Immediately notify your physician you are scheduled for a thyroid scan if another radiology exam is planned</p> <p> If you are breast-feeding, immediately tell your physician</p> | <p> Thyrogen Injection #1 in your physician's office. Your physician will schedule the date and time</p> <p> Continue "Low Iodine" diet</p> <p> Take normal dose of thyroxine: *T-4 * Levothyroxine (Eltroxin, Euthyrox, Levo-T, Levotabs, Levotheroid, Levoxyl, Synthroid)</p> <p> If you are breast-feeding, please call Nuclear Medicine at (206) 223-6951 for additional instructions</p> | <p> Thyrogen Injection #2 in your physician's office. Your physician will schedule the date and time</p> <p> Continue "Low Iodine" diet</p> <p> Take normal dose of thyroxine: *T-4 * Levothyroxine (Eltroxin, Euthyrox, Levo-T, Levotabs, Levotheroid, Levoxyl, Synthroid)</p> | <p> DO NOT eat 2 hours before your appointment in Nuclear Medicine</p> <p> DO drink sips of cold water</p> <p> Radioactive iodine dose in the Nuclear Medicine department</p> <p> You may eat and drink 60 minutes after radioactive iodine dose</p> <p> Female patients of childbearing age will require a negative pregnancy test before the radioactive iodine dose</p> | <p> Your physician will order various blood tests. Contact your physician if instructions were not provided</p> <p> Take all medications as prescribed by your physician</p> <p> Start regular diet unless otherwise instructed by your physician</p> |