

Nuclear Medicine ProstaScint Study:

Name: _____

Date of Injection: _____


















Check In Time: _____

Date of Scan _____

Check In Time: _____

If you take medications for diabetes, call your physician or Nuclear Medicine at (206) 223-6951 for special fasting guidelines. Otherwise, please follow instructions below.

There is no bowel prep the day before your appointment for the ProstaScint injectic
A bowel prep must be performed the evening before the scan. Proper bowel preparation is crucial to achieve optimal images for interpretation.

1 Day Before ProstaScint Injection	2 Days Before ProstaScint Scan	1 Day Before ProstaScint Scan	Day of ProstaScint Scan
 Hydrate - drink cold beverages throughout the day  Eat meals high in fiber  Do not eat solid food after midnight  Take all medications as prescribed by your physician  If you are breast-feeding, please call Nuclear Medicine at (206) 223-6951 for additional instructions  Female patients, who might be pregnant, e.g. last menstrual cycle greater than 28 days, will require a pregnancy test	 Drink only clear liquids for breakfast, lunch and dinner.  No solid food, milk or mill products Liquid Diet Examples <ul style="list-style-type: none"> o Strained fruit juice without pulp o Clear broth, bouillon or consume o Coffee or tea without milk o Gatorade o Soft Drinks (carbonated or not) o Fruit flavored drinks like Kool-Aid and Hi-C o Jell-O o Ice popsicles o Tang or other powdered drink mixes  Take all medications with water as prescribed by your physician  Hydrate - drink cold beverages throughout the day	 Drink only clear liquids for breakfast, lunch and dinner.  No solid food, milk or mill products Bowel Prep For Second Scan Fleet Phospho-Soda <ul style="list-style-type: none"> <input checked="" type="checkbox"/> 4:00 pm: Add 1.5 oz of Fleet Phospho-soda oral laxative to 5 oz. of cold water and drink all.  Drink 8 oz. cold water every hour until 9:00 p.m. <input checked="" type="checkbox"/> 9:00 pm: Add 1.5 oz of Fleet Phospho-soda oral laxative to 5 oz. of cold water and drink all.  Drink 8 oz. cold water at 10:00 pm 	 Continue clear liquid diet  Wear loose comfortable clothing free from metal objects  After the scan, follow your regular diet