











Nuclear Medicine PY-Test:

Name: _____

Appointment date: _____

Check In Time: _____

If you take medications for diabetes, call your physician or Nuclear Medicine at (206) 223-6951 for special fasting guidelines. Otherwise, please follow instructions below:

| 30 Days Before PY-Test | 14 Days Before PY-Test | Day of PY-Test |
|--|--|---|
| <p> Discontinue taking:</p> <ul style="list-style-type: none"> 1) Antibiotics 2) Bismuth Compounds <ul style="list-style-type: none"> * Pepto Bismol * Helidac <p> DO use Maalox, Tums and Rolaids</p> <p> Follow your regular diet</p> <p> Take all other medications prescribed by your physician</p> | <p> Discontinue taking:</p> <ul style="list-style-type: none"> 1) Sucralfate <ul style="list-style-type: none"> * Carafate 2) Proton-Pump inhibitors <ul style="list-style-type: none"> * Omerprazole (Prilosec) * Lansoprazole (Prevacid) * Pantoprazole (Protonix) * Rabeprazole (Aciphex) * Esomeprazole (Nexium) <p> Follow you regular diet</p> <p> Take all other medications prescribed by your physician</p> | <p> DO NOT eat solid food 6 hours before your appointment</p> <p> DO NOT drink 6 hours before your appointment</p> <p> Female patients, who might be pregnant, e.g. last menstrual cycle greater than 28 days, will require a pregnancy test</p> |