







Nuclear Medicine Scan - Nothing by Mouth for Four Hours:

Name: _____ Appointment date: _____ Check In Time: _____

If you take medications for diabetes, call your physician or Nuclear Medicine at (206) 223-6951 for special fasting guidelines. Otherwise, please follow instructions below:

1 Day Before Appointment	Day of Appointment
<p> Take all medications as prescribed by your physician</p> <p> Eat and drink unless you have another test that has dietary restrictions</p> <p> If you are breast-feeding, please call Nuclear Medicine at (206) 223-6951 for additional instructions</p>	<p> DO NOT eat or drink 4 hours before your appointment</p> <p> Wear loose comfortable clothing free from metal objects</p> <p> Female patients, who might be pregnant, e.g. last menstrual cycle greater than 28 days, may require a pregnancy test</p>