

Overview

Virginia Mason sometimes schedules patients who should be utilizing clinics in-network with the patient's health plan. Below outlines the most common insurances that Virginia Mason needs insurance approval for specialty visits, advanced imaging or testing.

Please note there are always exceptions to the rule, please see below under exception information. Please visit <https://www.virginiamason.org/insurance> for more details.

Here is some suggested scripting for patients needing Insurance Approval:

"Your insurance requires an insurance approval to be provided services at Virginia Mason. Please have your referring provider request this approval through your insurance. Once done they can fax this information to 1-800-641-9002."

Health Plans

AmeriGroup Amerivantage	Health Alliance (prior authorization may be needed depending on the service)	Molina (Apple Health)
Amerigroup (Apple Health)	Humana Gold Plus HMO (non-Virginia Mason or Polyclinic PCP)	Molina Marketplace (Exchange Program: Gold, Silver, Bronze)
Community Health Plans of Washington (CHPW – Apple Health)	Kaiser Core	Regence BlueAdvantage HMO (non- Virginia Mason PCP)
CHPW HealthEssentials (Exchange Program: Gold, Silver, Bronze)	Kaiser Medicare HMO	TriCare Prime HMO
	LifeWise Primary (Exchange Program: Gold, Silver, Bronze)	TriWest (contracted but need referral from TriWest post authorization by VA)
Coordinated Care (Apple Health)	MedAdvantage HMO (non-Virginia Mason PCP)	

Exception Information

Exceptions include:

- Patients presenting in Virginia Mason's emergency room.
- Patients whose life and/or limb are in jeopardy.
- Aetna Medicare HMO does not need insurance approval for specialty visits.