

Your Impact

How your support is making a difference.

HARRISON
FOUNDATION

Summer/Fall 2013

Your Support Has Never Been More Important

Last year, Harrison Medical Center cared for over 72,000 residents of Kitsap County—more than 1 in 4!

Along with this tremendous privilege and responsibility, came more than \$50 million in uncompensated care—\$11 million more than the prior year.

No other non-profit organization in our community has such a widespread impact.

Your gift is ensuring exceptional healthcare for us all. No matter the type or size, your gift makes a difference because every \$1 donated to Harrison Medical Center has the same impact on the bottom line as \$102 of Harrison's gross revenue. And, it provides essential support for programs and projects which make healthcare better for you, your family, and our community.

Your Charitable Gift is Making Healthcare Better For Everyone *ICU Recognized for Excellence*

Dear Supporter,

Recently, Harrison Medical Center's Intensive Care Unit (ICU) earned prominent recognition for its commitment to providing exceptional patient care, and you helped make it happen.

Named a silver-level recipient of the Beacon Award for Excellence from the American Association of Critical Care Nurses (AACN), Harrison joined an elite group of only 197 ICU's (out of 6,000 in the United States) to have received the Beacon designation at any level – bronze, silver, or gold. Of that, only eight Beacon Awards were bestowed to units in Washington State.

"This prestigious award affirms the very high-level of patient care our ICU provides," said Harrison president and CEO Scott Bosch. "Our ICU staff exemplifies our values of empathy, innovation, and accountability. Congratulations to all on this significant achievement."

This national, three-year designation recognizes critical care units that prove they have high standards in key areas, such as improved patient outcomes, continuous staff learning, and evidence-based practices and processes.

The designation recognizes accrued markers of quality that have resulted from an unwavering commitment over time of the entire ICU team to provide the best care for every patient. Donors – like you – have supported the effort through charitable gifts that enabled us to invest in better support for patients' families and in ongoing education for our staff. More and more we are making the connections between excellence in care and the critical support provided by donors.

Simply, but sincerely, thank you for choosing to support Harrison.

With gratitude,



Stephanie Cline
Executive Director

You Call it a Charitable Gift.

We Call it Exceeding Standards

We are all so excited for the approaching opening of The Orthopaedic Center at Harrison. The new Center will cover all aspects of our communities' orthopaedic surgical needs and will exceed current standards of care. The addition of the *Dr. Maurice S. Mathis Guild Rooftop Rehab Trail* is one way we will exceed standards. Currently Harrison staff work with our patients in the proper use of equipment such as walkers, crutches and canes to help stabilize them during the recovery period. Unfortunately we have not had a place to support our patients through the

challenges associated with navigating the outdoors. The *Dr. Maurice S. Mathis Guild Rooftop Rehab Trail* – completely supported by donors – will offer a solution! Our patients will learn how to navigate these difficult challenges in a safe, controlled and coached environment. The Rehab Trail will expose the patient to uneven surfaces, varied walking surfaces (stone, decking, simulated gravel, ramps and stairs) and seasonal variations, including rain. There will be resting benches, rails, parallel bars and even a picnic area for patients, their friends and family members to enjoy a meal. This



is a generous gift to the many people in our community who will use The Orthopaedic Center at Harrison. It is also a gift to those who care for them; especially for those who have dreamt about the possibility of this project for so long.



We Call it Saving Lives

At Harrison, when a patient stops breathing and suddenly becomes unresponsive, a "Code Blue" is called over the paging system; and trained personnel race to the patient aided by the life-saving equipment on a "crash cart." What is the single most effective treatment for sudden cardiac arrest? Defibrillation—using a defibrillator to administer a controlled electric shock which restores the heart's normal rhythm. Unfortunately, the more than 30 "crash carts" that were in use throughout Harrison were added over time resulting in variations in the defibrillator equipment. Having different makes and models of equipment slows the response...when every second matters. Because of your support we were able to update and standardize every crash cart and the life-saving equipment on-board. Today, code blues are paged two-to-three times every week, (not including the responses that occur in areas such as the ICU, emergency, and surgery where trained personnel are standing by). And with your gift, we are saving precious time—and lives.

We Call it Advancing Care

Through funding from the Foundation, Harrison Medical Center has purchased two portable ultrasound machines called SonoSites for Harrison Silverdale and the Harrison Heart & Vascular Center. With an ultrasound, medical staff can quickly obtain clinical information and determine next steps for a patient. How? The ultrasound technology provided by SonoSite reveals anatomy that was previously unseen. In an emergency situation, when

minutes matter, having an ultrasound available at the bedside can mean the difference between life and death. SonoSites produce extremely high quality images in real-time and help save lives. "Our patients deserve the best care possible and with this kind of technology we are able to enhance patient safety, decrease diagnostic testing, and diagnose patients faster and more accurately," said Sue Shock, Executive Director of Cardiovascular & Diagnostic Imaging.



"Without the support of donors, we would not have this technology."

We Call it Exceptional Healthcare.

We Call it Calming

Since its inception in 2006, Harrison's Integrative Health program (formerly Complementary Therapies) has had a wide-reaching impact on patients, families and staff at Harrison Medical Center campuses. One very special modality—therapeutic music—has brightened the spirits of many Harrison patients. Our certified clinical musicians share their talent therapeutically to reduce anxiety, stress, insomnia, nausea, and pain. Recently a patient's wife wrote to share how impressed she was to have had harpists at the bedside during her husband's stay at Harrison. "The music was beautiful and it brought a sense of comfort and peace to me and my husband at a very stressful time in our lives." She ended her letter by saying, "I cannot thank you enough for having the wisdom and compassion to provide therapeutic music from these lovely ladies and their harps." And now Harrison patients will have a new way to experience the calming qualities of harp music. Your gift has allowed us to purchase two Reverie Harps, which are easy to hold and play, allowing patients to make their own soothing



tones and feel the relaxing vibration of the strings. Edith Enns, Certified Clinical Musician (CCM), who has been providing harp music in the hospital since 2009, knows firsthand the benefits of feeling the vibrations having seen the relaxation effects for patients just from playing close to their beds. The ability to put a harp in their hands is a true gift. "I am so pleased with this little harp and am delighted to share this with our patients for whom it is appropriate. The calming vibrations and sound do much more than any words I can offer. It is amazing to watch the positive effect it has on people—including me," says Edith. "A year ago a patient said to me, 'words from the heart sound like notes from the harp' I love to let the harp speak."

We Call it Play Time

Hospitals can be scary and lonely, but through your support, Wii Fun Centers are helping bring enjoyment and laughter to an otherwise overwhelming experience. The mobile units can be rolled up to a young patient's bed or anywhere in the hospital setting. As an added benefit, the Wii console can also be used to encourage children to do physical therapy and motor coordination exercises. The Fun Centers were purchased through the Starlight Children's Foundation who partners with Nintendo of America Inc. to manufacture and make these units available to hospitals across the United States.



We Call it Enhancing Care

Have you heard of *Palliative Care*? It is specialized medical care for people with life-limiting illness. It focuses on providing patients relief from the symptoms, pain, and stress of living with illness—whatever the diagnosis. The goal is to improve quality of life for both the patient and their family. Palliative care is provided by a team of medical

professionals who work with the patient's other doctors to provide an extra layer of support. This includes helping them have more control over their care by improving communication so that they can better understand their choices for treatment. Launched in October of 2009, Harrison Medical Center's Palliative Care Program is part of a growing movement in healthcare

to support the approximately 90 million Americans living with a serious and life-threatening illness. Through palliative care, patients regain control and are able to make decisions about their care throughout the course of their illness. Since the program's inception, the Foundation has been raising funds and awareness for this valuable program.

More Ways to Make a Difference

Kitsap Wine Festival



5th Annual

Plan to join us on Saturday, August 17, 2013 for the fifth annual celebration. Guests love the Kitsap Wine Festival for many reasons and one thing tops the list...you can sample the wines and then purchase them to take home. This year we will be offering an expanded retail wine shop and our selection of restaurants is growing too. Visit www.harrisonmedical.org and buy your ticket today!

Shop For A Cause

Macy's will partner with Harrison Foundation to invite customers to participate in Macy's eighth annual national "Shop For A Cause" charity shopping event on August 24, 2013. Purchase a \$5 Shopping Pass for exclusive savings in every Macy's store on Saturday, August 24, and we keep 100% of the proceeds. Plus, you can enter to win a \$500 Macy's Gift Card. Shopping passes are available now at both Harrison Gift Shop locations. If you are not able to make it in to the gift shop, call the Foundation office at (360) 744-6760. Pass holders will receive special discounts (25% off!) on most regular, sale and clearance purchases all day, but some exclusions apply. Buy your pass today!



Give the Gift of Early Detection



With a nod to National Girlfriends Day, we've created "Pink Lemonade Parties" providing the perfect excuse to enjoy our girlfriends while raising money for potentially life-saving cancer screening for women in need in our community. Through the Women's Health Screening Fund at Harrison Medical Center Foundation, you can provide timely access for local women to receive a routine screening exam and, if needed, further diagnostic testing. Every \$100 contributed to the Fund provides one more woman in our community with potentially life-saving care—or even better peace of mind. Host a gathering of your favorite gal pals. Get together, dine, and savor the joys of friendship. Invite everyone to make a gift, considering the amount they might have spent had the occasion occurred at a favorite local venue. For more information and to receive invitations call the Foundation office at (360) 744-6976.

Thank You to our Foundation Partners

Our Foundation Partners are organizations who make a contribution of \$10,000 or more annually, demonstrating a commitment to Harrison Medical Center and the health of the community. For more information contact the Foundation at (360) 744-6760.



As the philanthropic arm of Harrison Medical Center, the Foundation's purpose is to nurture relationships that inspire community support through charitable giving and volunteering. These gifts help support Harrison's mission to make a positive difference in people's lives by providing exceptional healthcare ... now and in the future. For the most up-to-date news become a fan of the Foundation on Facebook, and follow us on Twitter by searching for Harrison Medical Center Foundation.

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